



Rocky Mountain Wa Shonaji Quilt Guild

July 2024



Focus on Sustainability with Recycled Denim



Sustainability is a movement in the quilting world, and Eliu Hernandez is in the forefront. He will speak to Wa Shonaji and guests at our **July 13** meeting (**second** Saturday!) about 1 p.m. This lecture will cost \$10 for members.

Eliu is fiercely dedicated to making beautiful and functional works using reclaimed materials. As a textile artist, he uses clothing, bedding, and other fabrics to make quilts, stuffed animals, and other functional items.

His focus in using unique materials has taken him in wonderful creative directions. He loves working with materials most makers throw away. You'll find waistbands, pockets, zippers, and buttons in many of his works. He takes special pride in harvesting and using lengths of thread from the same jeans.

Eliu is a husband, a dad, and a chiropractor as well.

Upcoming Program Notes

July 13 - \$75 deposit and form due for Oct 10–13 Retreat. Open to non-members July 7—get your spot now. Final payment due Sept 14 (see page 3).

Sign up at July meeting for **Aug 3 Roll-Up Sewing Machine Mat** with pockets (see photo at right). Supply list to follow. Member fee \$10. Contact Karen von Phul.

Sept 14 - Backyard Exhibit at Joette's home. Sign up to bring potluck dish and quilt(s) to exhibit

Oct 10–13 - Retreat



Inside

President's Message;
Bargello Workshop.....2
Committee Reports3
New Members.....4
FRCQ Trunk Show5
Sister Stitcher7
Golden Tour9
Improv Workshop10
July, August Birthdays11
Fab Stitching.....12
Artie Johnson.....14
Hobson Quilt on Display,
Civil Rights Blocks Due....15
May Show 'n Share.....16
Mills' Activism Events.....18
Beware Gov't Scams.....19
June Show 'n Share20
Show 'n Share Forms.....23
New Aurifil 8wt Thread ..25
Block of the Month.....27
Frixion Pens29
Area Textile Events.....31

Upcoming Programs

- August 3—Roll-Up Sewing Machine Mat workshop
- September 14—Backyard Exhibit
- October 10–13—Retreat
- November 2—Holiday decorations/gifts workshop

President's Message

This is likely not obvious but... each month I wonder what Wa Shonaji members want to hear and/or know about related to quilting. Toward that objective... this month, I learned, by attending a Feather Weight Club in Erie, CO, that you must know when your machine was made and give it a name. I named my machine "Marcia" in honor of the person who introduced me to quilting.



Another thing I learned, unrelated to the item about Feather Weights, is that I have enough will to walk into a massive fabric shop and not buy one yard of fabric! I was so proud of myself.

Now to the important stuff... one year ago today, I was diagnosed with breast cancer. Most of you know the end of the story but I'll repeat it... after a right breast mastectomy, I am cancer free with no chemotherapy and/or radiology required. (Thank you, God.)



I thought this would be a good time to remind members about the importance of timely breast exams. The current statistics say one in eight women will be diagnosed with breast cancer. Early detection is the key to survival. We all know the testing is not pleasant but... time taken to do the exams will/could potentially allow you more time to do one of your favorite things, e.g., quilting. Now that is a good way to end this reminder.

—Joette Bailey-Keown, President

Learning to "Bargello"

Wa Shonaji members took on Bargello quilts at a May 4 workshop taught by Carolina Monsalves. This technique involves cutting fabric into strips then sewing them back together! Can't wait to see the results at a future Show 'n Share.



Mable Bailey, Joette's sister, with instructor Carolina Monsalves



Di Nyce Gough-Brooks sews her strips.

Committee Reports

Exhibit Committee

Wa Shonaji Quilt Guild has been invited to exhibit at Red Rocks Community College in October 2024 and to present a trunk show for Front Range Contemporary Quilters on May 5, 2025.

—Exhibit Committee: Joanne Walton with Linda White, Mary Lassiter, Stephanie Hobson

30th Anniversary Crazy Quilt Progress

The 56 Crazy Quilt blocks have been sewn together. Volunteers will add the backing then “quilt,” adding pearls.

—Joanne Walton



Librarian

BOOKS, BOOKS and more BOOKS !

I will resume bringing in the books purged from the library's inventory, starting in July, until they have all been brought in (too many to bring in at one time). If you recall, over 200 books were purged. These are freebies (who doesn't like something that is useful and FREE), although donations are encouraged (insert smiley face).

Quilting aficionados should be able to find one or two to add to their personal inventory. All books remaining at the end of the meeting will be taken by yours truly, ME, to the recycler. I'm hoping not to have to make this trip, so please help me out by taking as many as you'd like.

—Connie Turner

2024 Retreat

Time to decide if you'll be “retreating” this year! The \$75 deposit and your form are due now. After July 7, attendance will be open to non-Wa Shonaji members so get your spot while you can. The retreat will be held at Highlands Presbyterian Camp and Retreat Center in Allenspark, CO, Thurs–Sun, Oct 10–13, 2024. Bring \$\$ and the form to the July 13 meeting or mail your payment to PO Box 370405, Denver, CO 80237-0405.

Complete payment is due Sept 14 (these prices INCLUDE your \$75 deposit):

\$249 - meals start with lunch on Thursday

\$233 - meals start with dinner on Thursday

\$175 - meals start with lunch on Friday

\$164 - meals start with dinner on Friday

Any questions, please contact Karen von Phul.

Comfort Quilts

Wa Shonaji currently has 20 comfort quilts in its inventory. Five quilts were gifted to members in need from March through June 2024. Also four quilts were donated to our inventory this quarter. Thank you to members Deborah Sweatt, Priscilla Brown, Teri Washington, and Betty Hall. Also thanks to others who have let me know you are working on yours.

Traditionally members donate a quilt on their birthday to keep our inventory ready as needs present themselves.

Never stop sewing and growing!

Your Community Quilts Chairperson,
Nanci Vaughn

Hospitality

The Guild is looking for someone to shadow Hospitality chair Netta Toll then take over this position in the new year. Please consider taking on this task—especially if you enjoy refreshments!

Volunteers for July are Geneva Lottie, Chris Jacques, Linda White, and Gloria Montgomery.

Welcome New Members!



Nancy Adamchuk loves to sew and wants to learn to quilt.



Lynette Johnson is a returning member because she enjoys the fellowship Wa Shonaji provides.



Lynesha Laws joined Wa Shonaji because she was seeking a crafting community.



Mary Pilling wants to learn to make a T-shirt quilt.



Breanna Tomlin wants to spend time with her mother, Vicki.

Wa Shonaji Wows Front Range Contemporary Quilters at June 17 Trunk Show

Wa Shonaji paraded about 40 quilts for an enthusiastic audience of Front Range Contemporary Quilters in Lakewood June 17. Afterwards they enjoyed closeups of the beautiful work and asked many questions about techniques and inspiration.

The last time Wa Shonaji presented our Trunk Show to FRCQ was February 19, 2018—one of



An attentive audience listens to narrator Connie Turner in front of Deborah Sweatt's postage stamp quilt and Marcia Walker's Underground Railroad quilt.



The Wa Shonaji Chorus adds a "special note" in front of quilts by Joette Bailey-Keown (left) and Marcia Walker (right).



Karen von Phul shows a quilt by Valerie White in the style of Faith Ringgold. In the background is Wa Shonaji's 30th Anniversary Crazy Quilt—almost finished!

the snowiest and coldest days of that year. In Wa Shonaji tradition, we braved that storm and presented our quilts to an audience of maybe 10 people. There were more of us there than their members.

The Trunk Show on this beautiful Monday evening was a huge success. Wa Shonaji is Awesome.

We showed 42 quilts with participation from 23 of our members. The variety of quilts in this Trunk Show ranged from Art Quilts to Traditional quilts, with a wood Barn Quilt also in the mix. We had participation from two of our male quilt members, Steve Bowley and Alan White. Two of our new members, Kathy Byers and Gloria Montgomery, had quilts in the show. We showed pieces from the exhibit at the Denver International Airport, "Perfect Patchwork." We celebrated Stephanie Hobson who won second place in the "Evolutions" Exhibit at the Rocky Mountain Quilt Museum. We paid tribute to Faith Ringgold for her contributions to the quilting world. She passed away on April 12, 2024, in Englewood, NJ. We

FRCQ Trunk Show...

shared an art quilt by Wa Shonaji honorary member Valerie White—who was in attendance!—titled “Love, Truth and Faith, Inspired to Fly.” Valerie created this piece to celebrate and honor Ringgold.

We had pieces from the “Fabulous Stitching Class,” facilitated by Linda White. Bonus, we were able to borrow the *Gem of the Ocean* quilt from donnie i. bets to have in this Trunk Show. The final touch was the poem written by Carolyn Somerville for our 30th Anniversary, read by Mary Lassiter, “30 Years: This Is What We Do Best!”

Trunk Shows don’t just happen. There is a lot of pre-work and behind the scenes coordination to make it happen. Giving thanks to the support team of Connie Turner, Brenda Ames, Deborah Sweatt, Stephanie Hobson, Sandra Coleman, Adam Eberl, and Joanne Walton who gathered on Friday before the show to put all the quilts in order and ensure that all quilts were accounted for



Connie Turner, pictured, and Brenda Ames narrated the trunk show.



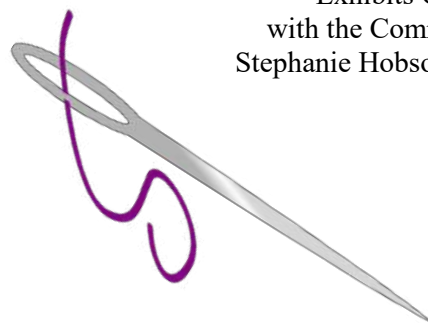
Chorus director Mary Lassiter gives the music a last second once-over.

and in the script. Without your quilts we would not have a Trunk Show.

For those of you who were the presenters, the organizer of the order of the quilts to be shown to the audience, holders, folders, chorus members and our Vanna White, thank you so much. We couldn’t do it without your support. Yes... Wa Shonaji is AWESOME.

I want to personally give a shout out to Connie Turner who, when called on, stepped right up to the plate to fill in in my absence. She is a natural at speaking and did an awesome job. She along with Brenda, were awesome in presenting the written script/words to our audience.

Sewfully, Joanne Walton
Exhibits Coordinator along
with the Committee support of:
Stephanie Hobson, Mary Lassiter,
and Linda White





Sister Stitcher

Have you met Sister Stitcher? She is a mythical quilter whose quarter inch never wavers, whose bobbin never runs out, and who finishes her projects on time. She lives in a house that never needs cleaning, with a spouse who cooks and holds up quilts as requested. Her studio space measures 100x100, with lots of natural light. Oddly enough, it never needs cleaning either.

Sister is thinking about garage sales and letting go.

Hello, Sister! I'm getting ready to move from a snowy state to one where I'll never have to shovel again. Downsizing is the name of the game. Luckily, my spouse and I are on the same page about a lot of our possessions. Our children are taking some family items, and the church is taking clothes for its thrift store and the Coat Drive. We're planning a garage sale for the rest. Including my sewing room. And here's where the heart-ache begins.

Sister, my new sewing space will be about a third of what I have now. I am having a heck of a time deciding how much I can take, and what. Notions like rulers and irons are easy, especially when I have doubles. But I have 4 machines. I use the Bernina all the time, but then I have a little one for classes. Then there's my mother's old Kenmore, and the Pfaff that I share with my spouse. I can't fit them all in an 8x10 room that has only one closet! Well, I could, but then there's the cutting table, and we haven't even touched the stash. I surely can't take all the fabric I have now, neatly shelved in my current 14x12 space. I've had some of my stash since high school. And some of it came from Cousin Ruthie, an AMAZING quilter who passed some time ago. Raw silks, and Liberty of London, Sister! How can I let that go?!

Marvella

Marvella, hi. The first part of your question is easy: you can take as much as you can fit in that space. Measure the space, decide how much you want to devote to each category you want to take (your machine, your table, your stash). That's how much you can take.



Now, Sister is no great fan of minimalism and that “spark joy” lady. In her view, it's better to have an extra spool of Aurifil than to call your best friend at 2 a.m. because you lost at Thread Chicken. She's happy knowing that she can put together a quick comfort quilt with a minimum of fuss, out of her own stash.

Sister can do that because she learned the hard way to occasionally weed out her stashes. As you know, she and Mr. Stitcher used to share a machine. It was embarrassing when Mr. Stitcher asked if Sister knew where the machine oil or a doohickey was, and she couldn't lay hands on the requested object. Even worse when he, wanting to sew an accessory bag, impatiently asked for a particular color of fabric, and the Day-glo fabric was buried under flannel. What kind of fabric curator was she?

An overwhelmed one, just like you. To overwhelm herself, Sister spent a rainy day sorting her stash, asking herself some hard questions:

More Sister Stitcher...

- How long have I had this?
- Can I see myself using this? How?
- Can someone else use it better?

When she finished, Sister had three boxes of fabric for the Quilter's Garage Sale—and a lot more room. She made some exceptions, but she set herself up to easily locate machine oil and doohickeys. And her stress level went way down.



Ask yourself the same kind of questions: Would Ruthie prefer her legacy stay in a box, or in a quilt? Do you have a friend or a quilt guild that would appreciate Liberty of London fabrics? For that matter, do you really like Liberty? You might find, as Sister did with her own Cousin Ruthie, that you loved the giver, but not her taste. A good fabric sort will lighten your load.

Have your friends come over. When a fellow sewist looks wistfully at Sister's Liberty prints, Sister finds her death grip on her stash relaxing, as

she thinks of how pretty it will look in a quilt sewn by someone else.

Put your table and your machines through the same paces, Marvella. You can get a new table where you're going; you wouldn't move away from civilization. Are you ever going to use Mama's Kenmore? There is a tribe of people who just love those all-metal babies, and they are looking for machines to love on. (Sister thought the featherweight fanatics were obsessed. And then she met the Vintage Kenmore Sew crowd.) If your spouse sews just once or twice a year, Sister knows that some libraries have machines to lend. It's possible to rent them as well.

Sister can't tell you what to take with you, but she does know that the laws of physics don't budge for anyone. She hopes thinking a bit about your choices helps you to agonize less over your treasures. With a little heart/head balance, you'll fit everything you really love in your new 8"x10" room. Here's to smooth moves!



I don't run from my problems...
I sit in my sewing room and stare at my 39
projects wondering which one to do next,
like any normal adult.

Wa Shonaji, Denver Metro Tour RMQM, Golden Quilt Company

Rocky Mountain Wa Shonaji quilters and quilters from the Denver Metro Modern Quilt Guild met at the Rocky Mountain Quilt Museum June 1 for the exhibits *Evolutions* and *Thorns and Spikes*.

Docents Joanne Walton and Stephanie Hobson guided the groups through the museum. Many people expressed amazement at the variety of work and materials used.

Carpooling to the restaurant was encouraged as Golden was very busy with tourists. Twenty-four people met at the Bridgewater Grill for lunch.



Wisteria at Giverny by Wa Shonaji member Stephanie Hobson took second place at RMQM's Evolutions exhibit.



Lunch at Bridgewater Grill. Looking at quilts is strenuous and requires sustenance!



Guild members enjoy Evolutions and tidbits from the docents.

It was a good opportunity to chat with the MQG members, many of whom will attend our July 13 meeting for the lecture by denim artist Eliu Hernandez.

After lunch, everyone walked across the street to the Golden Quilt Company to shop for fabric.

Feedback has been very positive for our day out—"a wonderful field trip for Wa Shonaji and our sister quilters from the Modern Quilt Guild."



The obligatory group photo!

Linda White Reveals Mysteries of Improvisational Curves

Linda White taught a class on improvisational curves—how to improvise your art quilt and how to use curves in any quilt. Nine people sewed or audited the class. Won't it be fun to see how they use this new-found knowledge?

She learned the techniques at a workshop giv-

en by Irene Roderick, at the Estelle Center for Creative Arts in La Veta, Colorado. The students started by placing bits or elements on design walls. They learned how to make a variety of gentle curve samples to practice sewing curves before starting on a small project.



Two sewing machines are at a coffee shop. One turns to the other and says, "Hey, aren't you a Singer?!"
It turns and says, "Why? Ja-no-me?"
And then the waiter says, "Oh, Brother!"

All Pacific Northwest Shop Hop—April & May 2025



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July

2 July – Lynesha Laws
13 July – Brenda Ames
14 July – Mary A. Davis
16 July – Lynette Johnson
18 July – Chris Jacques
18 July – Varna Nolen

August

1 August – Paula Clifton
16 August – Connie Turner
20 August – Moira Jackson

Asking a quilter to mend is like asking
Picasso to paint your garage!

Beautiful, Intricate Work from the Fabulous Stitching Class

Eight Wa Shonaji members learned embellishment techniques using hand and machine stitching in the three-class “Fabulous Stitching,” taught by Linda White. The classes were based on *Stupendous Stitching* by Carol Ann Waugh, Colorado mixed-media fiber artist. Participants explored various techniques to create unique fiber art pieces.

They created a stitch book to facilitate experimentation with different machine decorative stitches. They practiced hand embroidery stitches. They started an actual art piece in the second class with cording or couching to add texture and dimension, followed by decorative stitches from their stitch book. In the last class they finished the edge of the art piece for display.



Left to right: Karen von Puhl, Nanci Vaughn, Connie Turner



Deborah Sweatt, Mary Lassiter, Breanna Tomlin, Vicki Tomlin

More Fabulous Stitching...

Mary Lassiter carefully chooses the best stitch for her desired effect.



Deborah Sweatt concentrates on her hand stitching.

Below: Nanci Vaughn explains her "stupendous stitching" to Vicki Tomlin.



Karen von Phul's "fabulous stitching" art piece.



Long-Time Member Artie Johnson Passes Away

Artie Johnson was a role model to many of us, inspiring us to strive for excellence. She joined Wa Shonaji Quilt Guild in 1998. Earlier this year, she was presented with an honorary membership in recognition of her significant contributions to the guild. She demonstrated exceptional leadership and dedication. Artie was the embodiment of Each One, Teach One. She cared deeply, laughed heartily—and woe to the quilter who failed to put a label on his or her quilt! Artie was a wonderful presence that we all will miss!

Joanne Walton: Artie Johnson was an invaluable member of Wa Shonaji for so many years who freely shared her gifts and talents with us. She has left a legacy for us to follow. So many of the programs she started, I hope, will continue to be traditions for Wa Shonaji in the years to come. Those include the Block of the Month, UFO, Mr. & Mrs. Wright, to name a few.



Moirra Jackson: She was

a beautiful lady. She helped me so many times; I will miss her greatly.

Milinda Walker: Artie was a beautiful woman and a great friend. May she rest in peace.

Kathy Byers: The memories of [the label] class [she taught] made me smile. I would have liked to have had more time with this woman. She made me laugh and kept that class lively.

Linda Hernandez: She will be remembered.

Priscilla Brown: I'm so glad to know her and have been in her last class, which was putting labels on your quilt.

What a wonderful and extremely knowledgeable lady. She has shared from her heart and her God-given talents. Thanks so much, Mrs. Artie!! You have blessed us richly.

Camilla Edwards: We could laugh about so many things ... I pray that she is teaching the art of quilting in her "new home."



Karen von Phul: She will surely be missed!

Mary Lassiter: So many precious memories of this great woman, gifted quilter, and teacher. I will miss her.

Chris Jacques: I know she knew how loved she was.

Artie with her quilt memorializing Harriet Tubman, just one of many, many beautiful quilts she made.



Stephanie Hobson Quilt Chosen for Exhibit

A quilt by Wa Shonaji member Stephanie Hobson has been selected for exhibit in the 17th Annual African American Fiber Art Exhibition Celebrating Black Music, in Charleston City Hall in South Carolina. She met the challenge in this juried exhibition to create fiber pieces that honor and uplift Black music and musicians.

Stephanie's artist statement for *Now Playing*: I let the cloth speak to me. It tells me how it wants to be portrayed in a quilt. African American Music is at the heart of the African American culture. I used musical fabric to create a log cabin background. No piece is repeated. [In the black rectangles] I tried to mention a few of the many female African American artists. These include historical figures, popular artists and musicians known for the piano style. I picked Mary Lassiter to represent women who lead the local church choir and contribute to the everyday suc-



cess of a quilt show with music. They are "famous" in their community although not always known nationally. The marquee is embroidered using the "Apollo" font similar to that of the famous Apollo theatre.

You Still Have Time! Civil Rights Blocks Due July 31



Civil Rights blocks are due Wednesday, July 31. Wa Shonaji members will make two of these themed quilts—one for CrossPurpose and one for our Black History Month speaker Bill Bynum.

More blocks are needed! Please volunteer to make one. Ask Joette for suggestions. The blocks must be 15.5" x 15.5" UNfinished (finished 15" x 15"). Background may be anything that is pleasing with the primary elements. Use a font that's legible and that goes with the substance of the block.

At left, Chris Jacques and Stephanie Hobson hold two blocks on Justice Thurgood Marshall by Deborah Sweatt.

May Show 'n Share



Postage Stamp front and back by Deborah Sweatt



Above: Mikado by Stephanie Hobson
Right: Kathy Byers and her first quilt
made during the Beginner Quilting
Class.



More May Show 'n Share...



Karen von Phul shows off the hat she wore for DCPA's "Hatitude" Luncheon.



Left: Lynette Johnson; right: Karen von Phul

Wa Shonaji's Keri Mills Urges Activism, Participation to Fight Intimate Partner Violence

Keri Mills is encouraging support for survivors of intimate partner violence and those who have lost their lives and cannot use their voice any more.

A call for entry for GET LOUD! ART Show can be found at <https://roseandomcenter.org/voices-art-events>. The show opens Oct 24, 2024, at the Rose Andom Center, 1330 Fox St., Denver 80204.

The events are also sponsored by Chicano Humanities & Arts Council (CHAC) and Women's Caucus for Art—Colorado Chapter.



The public is also invited to participate in the creation of "FLY FREE," an art installation to be revealed at the Oct 24 premier of the GET LOUD! art exhibit. Come paint or decorate a bird representing a life lost to intimate partner violence at any of these free workshops:

July 13, 10 a.m.–noon, CHAC, 40 West, 7060 W 16th Ave, Lakewood

Aug 3, 10 a.m.–noon, Rose Andom Center, 1330 Fox St., Denver

Aug 18, 1–3 p.m., WCACO, site TBA

RSVP to Keri at GetLoud.RAC@gmail.com with your name, phone, and date of the painting party you wish to attend.



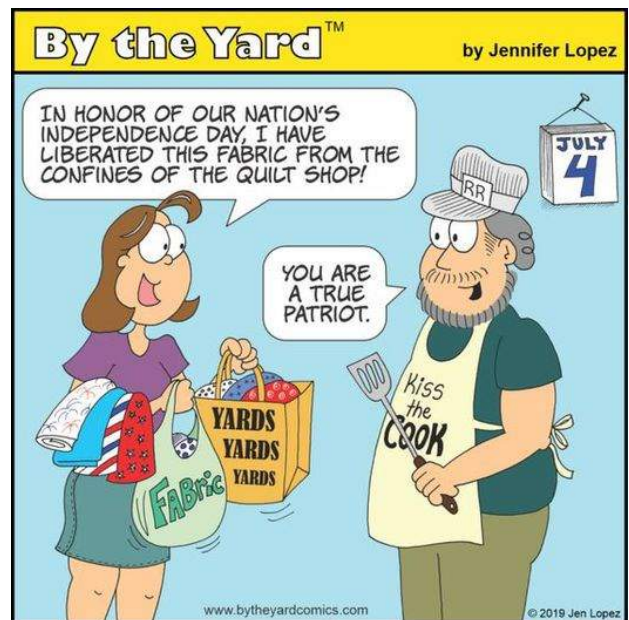
Keri is also inviting Wa Shoanji members personally to attend any or all of the artist talks:

Opening night: Oct 24, 5:30–7:30 p.m. Founder Artist Talks begin at 6

Round 1 Artist Talks: First Friday, Nov 1, 6 p.m.

Round 2 Artist Talks: Second Saturday, Nov 9, 6 p.m.

Round 3 Artist Talks: CACO/CHAC/FRCQ/Wa Shonaji Invitational, Nov 16, 10 a.m.



Reminder: How to Protect Yourself from Government Imposter Scams

Recently a Wa Shonaji member was scammed out of thousands of dollars. A message popped up on her computer that said malware had been added to her laptop and to call the FBI immediately. She dialed the number; when asked if her name was correct, she said yes. That very second, her money was gone. Police told her she was the sixth person THAT DAY to be scammed in this way..

We all know about this but we need to remember it's possible. If you're the slightest bit skeptical, don't respond! Call the police. An authentic caller will contact you again.

Visit stopfraudcolorado.com for more info.

What is a government imposter scam?

Government imposter scams occur when fraudsters pretend to work for the government and use that false authority to trick you out of your money. If someone contacts you claiming to be with the IRS, Social Security, Medicare, the state, a local government, or even law enforcement—like the FBI, you should be skeptical.

Remember: the government will never call, email, or text you and never ask for money or personal information.

What kinds of government imposter scams should I watch out for?

There are as many government imposter scam types as there are government agencies. However, the most common ones include:

- IRS impersonation
- Social Security impersonation
- Medicare impersonation
- Jury duty impersonation
- Local or federal police impersonation

How do government imposter scams work?

Government imposter scams work exactly how they sound: a scammer pretends to work for a federal, state, or local agency, and tells you to pay the government for a phony reason.

Scammers may even have your personal information already and use that to convince you that they are who they say they are. Never confirm any personal information and don't think they're real just because they have data like your Social Security number or other personal information.

How do I spot a government imposter scam?

It can be tough to spot a government imposter scam. They will use official-looking mail, use a caller ID that appears to be from a real agency, or email you with official-looking logos and a seemingly official email address. They may also tell you their "employee ID number." Whatever they can do to seem official.

Scammers want to create a sense of urgency for you. They may say you owe back taxes or now have fines and penalties to pay. They may threaten you with punishment like more fines or jail time if you don't pay them. They may also demand your Social Security number or other sensitive

information.

If you receive a call from someone claiming to be with the government or law enforcement, it's always OK to request the person verify their identity. Hang up and call the legitimate agency by looking up their phone number online or on an official piece of mail. Never click on links in texts or emails, and don't use the phone numbers provided by the individual who reached out initially.

How do I get my money back?

If you've sent money to a scammer, contact the company you used to process that payment immediately. Reporting fraud to your bank, credit card company, the company you bought a gift card from, a cryptocurrency exchange, or any other payment processing company can help reverse it.

But sometimes it's just gone.

Report any scams, fraud, or suspicious business activity to the Colorado Attorney General's Office.



June Show 'n Share



Top two and above: quilts by Monica Lynn's mom



Gloria Montgomery

More June Show 'n Share...



Julie Marsh



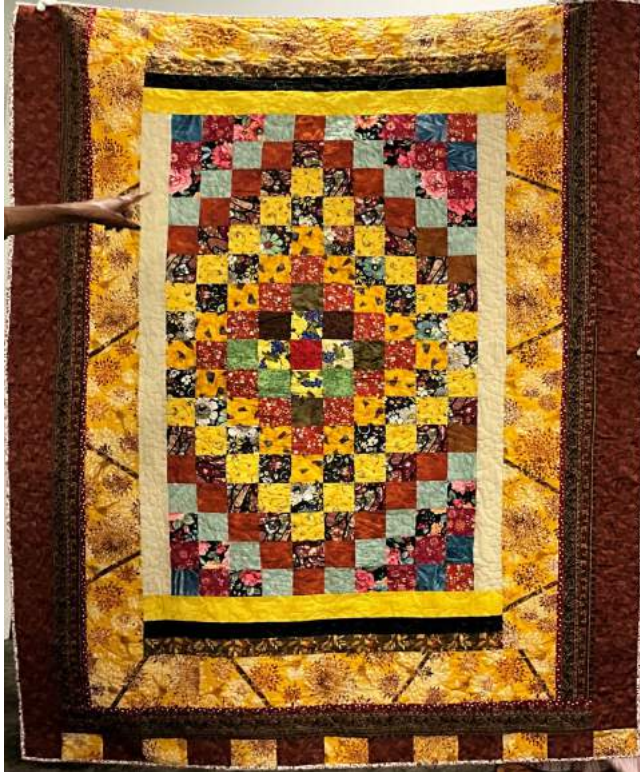
Lynette Johnson

Bag, quilt, and vest by Di Nyce Brooks-Gough



Two
bers plu
around
ing to m
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current
membe
long-ar
Joette E

More June Show 'n Share...



Joette Bailey-Keown

Remember, people will see your quilts
long after you are
gone....NOT your
housework!



someecards
user card

SHOW AND SHARE Completed Quilt

Please PRINT LEGIBLY

Date: _____ Dimensions _____ width X _____ length

Quilt Name: _____ Dominant Color _____

Maker Name: _____

Name of Quilter (if artist did not quilt): _____

Pattern Source or Original Design? What was the inspiration? No more than 3 sentences.

SHOW AND SHARE Completed Quilt

Please PRINT LEGIBLY

Date: _____ Dimensions _____ width X _____ length

Quilt Name: _____ Dominant Color _____

Maker Name: _____

Name of Quilter (if artist did not quilt): _____

Pattern Source or Original Design? What was the inspiration? No more than 3 sentences.

UFO for SHOW AND SHARE Completed Quilt

Please PRINT LEGIBLY

Date: _____ Dimensions _____ width X _____ length

Quilt Name: _____ Dominant Color _____

Maker Name: _____ Age of Quilt _____

Name of Quilter (if artist did not quilt): _____

Pattern Source or Original Design? What was the inspiration? No more than 3 sentences.

UFO for SHOW AND SHARE Completed Quilt

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Date: _____ Dimensions _____ width X _____ length

Quilt Name: _____ Dominant Color _____

Maker Name: _____ Age of Quilt _____

Name of Quilter (if artist did not quilt): _____

Pattern Source or Original Design? What was the inspiration? No more than 3 sentences.

Introducing Aurifil 8wt Thread

February 8, 2024 • auribuzz.com/2024/02/08/introducing-aurifil-8wt-part-1/

Note: This is a marketing piece from Aurifil that I have edited to include less marketing and more useful tips and info. jm

Presented on an elegant white wooden spool, Aurifil 8wt is a 2ply thread produced in Italy to the same standards you've come to know and love. It was developed in partnership with new Aurifil designer and longtime friend, Suzy Williams of Suzy Quilts. *Evolve* is her debut Aurifil collection featuring an introductory palette of 20 hand-selected hues, designed to perfectly coordinate with her three Art Gallery fabric lines (Duval, Signature Pure Solids, and *Evolve*). Aurifil 8wt is ideal for hand quilting, embroidery, and cross stitch or anytime something a little heavier



than 12wt is desired. It debuted first at QuiltCon!

Suzy is a beloved personality within the quilting industry, drawing on her graphic design background to transform conventional sewing into a fresh, personal interpretation of minimal, modern design.

In celebration of *Evolve* and the launch of Aurifil 8wt, we sent initial samples in three stunning hues to a wonderfully creative group of Aurifil artisans, designers, and friends. The feedback has been astoundingly positive and we've been devouring each new project with pure elation. Starting today and continuing over the next few weeks, we'll be sharing the stunning work of these makers, culminating in an interview and project feature from Suzy Williams. We hope you'll find

inspiration within and can't wait to hear what you might make with the threads of *Evolve*!

[Annie Tremblay](#)

For this project I wanted to focus on textures that would complement the new 8wt Aurifil threads. A wintery textured Maypole came to my mind when I received these beautiful threads. After the colorful Holidays I needed a soft palette. I used natural tones of quilting cotton, linen, [silk] noil, and even double gauze to achieve my vision.

Tip: I like to use Clover gold eye milliner needle in size 3 or 5.

"I really love the new 8wt Aurifil thread! It has a beautiful silky sheen but it's strong. I'm not a fan of thread conditioner so I was pleasantly surprised at how it glides smoothly through the layers. Being a lover of big stitch quilting and textures, it might be my new favorite."

[Mariana Diaz](#)

The verdict? Awesome! Having worked lots with Aurifloss, this 8wt let me skip pulling the strands apart, instead getting right to snipping and sewing. I found it easier to thread into a needle because it's super smooth and stays together really well! It would be a bit thick for my sewing machine, but as someone who dreams of having a Sashiko machine, this is the thread I'd want to try on it first! Okay, onto the project. As much as I've grown to love embroidery, I'm a quilt designer, so I can't turn my back on quilting. So this is a marriage of both: a simple patchwork springing to life with these teeny tiny little flowers.



[Anorina Morris](#)

The 8wt thread stitched up beautifully without needing any extra thread conditioner. For ease of threading, I used a larger eye needle (eg Chenille #22 or Crewel #7). It really is a lovely thread to stitch with and will be a wonderful sparkly addi-

More on Aurifil 8wt...

tion for quilters who enjoy adding big stitch quilting to their work.

Mary Burroughs-Mayer

I am so excited to have been able to play with a few spools of the new Aurifil 8wt! The colors chosen by Suzy Quilts are amazing and I can't wait to get my hands on the rest of the collection. I made two whole-cloth quilted pillows using this thread on each. One was stitched by machine, and one by hand.

Using this thread for hand-quilting is very straight forward, nothing new to report there, besides the fact that it's lovely to work with. But using this thread in your machine does require some additional precautions and adjustments to prevent major tangles either in your machine or on the back of your project —make sure to check out my blog post for all of my tips and tricks for successfully machine-quilting with this thicker thread!



Tips for Machine Sewing with Aurifil 8wt:

1. Denim or topstitch needle – size 100/16.
2. Use a heavier thread weight in the bobbin (40-28 wt.).
3. Increase top tension if needed.
4. Hold top and bottom threads when starting a line of stitching.
5. Stitch SLOWLY.
6. Don't use your automatic thread cutter.

Emoji Stages of Fabric Acquisition



I Like Fabric



I LOVE Fabric



I have a LOT
of Fabric



Fabric makes
me Happy



What? I don't
have THAT much
Fabric



I don't have
any more
money to buy
FABRIC



Hubby said "No
more Fabric"

Block of the Month



Mary Pilling, Old Windmill



Kathy Byers, Constellation

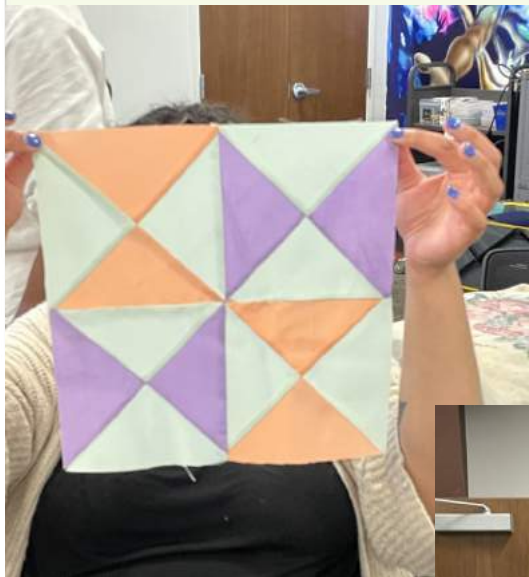


Lynessa Laws, Triangles & Stripes



Joette Bailey-Keown, Old Grey Goose

More Block of the Month...



Daryn Miller, Big Dipper



Above: Gloria Montgomery, Broken Pieces



Left: Stephanie Hobson, Barrister's Block



Geneva Lottie, Churn Dash



Deborah Sweatt, Dutch Rose

Are Frixion Pens Safe to Use on Quilts? By Julie Cefalu

May 11, 2019 • The Crafty Quilter • <https://thecraftyquilter.com>

Frixion pens are heat erasable pens that have become a popular marking tool for fabric, but are they safe to use on quilts? There has been much debate and discussion about this, so I did some research and experimentation of my own. I don't have a "yes or no" answer for you, but I do have some great information to share so you can make a mindful decision for yourself.

What Is a Frixion Pen?

First, let's talk about Frixion Pens in general. These pens are made by Pilot and were designed to be used on paper and erased with an eraser.

The friction formed from the eraser and the paper creates heat, which causes the ink to disappear. The ink has two parts: gel ink and thermo ink. The thermo ink makes the gel ink disappear, but the ink remains although it's invisible. I found an excellent, in-depth article about Frixion pens by Jenny at The Quilt Skipper. Jenny spoke with a representative from Pilot and shares some great information; the comments are worth reading too.

Quilters have latched onto the Frixion Pen as a great way to mark quilts because they disappear with heat. All you need to do is iron your fabric and the marks disappear! Something that easy is too good to be true. Yes indeed, the marks disappear, but several other things can happen.

1. The marks will come back when exposed to extreme cold. I've heard a few horror stories where competition quilts were shipped on a plane and when they arrived, the marks had all come back. The cargo compartment of planes can get very cold!
2. The marks leave a "ghost" behind which looks like a very faint white line. Several factors that can affect this ghost are the type of fabric used, whether you pre-washed the fabric and whether you used starch.

To remove the marks completely, you need to use a spot remover. Two products have been

proven effective by Pilot: Amodex Ink & Stain Remover and Motsenbocker's Lift-Off 3. Regular laundering probably will not be strong enough.

My Own Frixion Pen Experiments

I decided to test a black Frixion Pen on a solid piece of quilting cotton from RJR Fabrics. I made four different samples from my fabric: unwashed & unstarched, unwashed & starched, washed & unstarched, washed & starched.

I used a stencil and drew a design onto each fabric square using the Frixion Pen. The lines are darker on my first sample. I think my pen wasn't very fresh, because I had to go back and forth over the same line to get it to show well. This seems to be a common problem with these pens—they can dry out quickly (in my experience).

Next I took each sample to my wool pressing mat and ironed the marked fabric using a cotton setting, no steam. I found that each sample left a ghost (faint white line), but the ghosting was most noticeable on the unwashed & unstarched sample.

The unwashed & starched sample had some ghosting, but it's not quite as noticeable as the unwashed & unstarched sample.

Ghosting was minimal and hard to see on the washed & unstarched sample.

The washed and starched sample has the least ghosting.

Next I put each sample in my freezer for 30 minutes to see if the marks would come back. The marks on the unwashed & unstarched sample came back the most, followed by the unwashed & starched sample. Marks on the pre-washed samples barely showed after freezing.

In terms of fabric preparation, it seems that the pre-washed and starched fabric has the most resistance to ghosting from the Frixion Pen. Perhaps the starch creates a barrier? This does not mean that the ink has been completely removed, but it's definitely the least noticeable. Other factors that may affect the outcome is the fabric manufacturer and type of material.



More on Frixion Pens...

My Own Thoughts on Frixion Pens

After all is said and done, I still have a Frixion Pen (or two) in my toolbox. I like using them to mark diagonal lines for half-square triangles and stitch and flip techniques. They go on easily, you can see the line well, and they disappear after pressing. Since I'm marking on the wrong side of the fabric and the mark is in the seam, I'm not too worried about it showing up later.

Another good use for Frixion pens is to draw embroidery lines that will be covered with floss or thread. I sometimes use a gel ink pen when I'm in a hurry (instead of embroidery), and I like drawing the stitching line with a Frixion Pen first, just in case I mess up. Once I'm happy with the line, I'll trace over it with a Pentel Gel pen for fabric....

If you want to use a Frixion Pen to mark quilting lines for free motion quilting, the ghost marks are hard to see underneath the stitching. I tested this out too. I quilted a sample that was unwashed and unstarched, so there was definitely a ghost there, but it's very hard to see.

I would be wary if you were creating a competition quilt or an heirloom quilt and using Frixion Pens for marking any stitching lines. It's not worth the risk. Also, these pens have not been around long enough to know how they will affect the fabric over time. Will they cause deterioration after 50 years? Who knows, but time will definitely tell a story of its own.

Other Marking Tool Options

Many marking options are available for quilters. Here are some that I've used:

- Hera marker
- Water-soluble pen (one of my favorites)
- Air-soluble pen
- Chalk pencil
- Crayola Ultra-Clean Washable Markers
- Soapstone marker
- White marking pen (soluble)
- Mechanical pencil
- Fabric pencil
- Water-soluble pencil
- Masking tape

I've been hearing a lot of good things about the Crayola Ultra-Clean Washable Markers. Some quilters have been using them with great success. They come in a rainbow of colors, go on easily, and wash out completely. I just bought a package and will be trying them soon.

UPDATE: I have since experimented with the Crayola markers. Please read my full report in My Experience with Crayola Ultra-Clean Washable Markers. I did not have a good result on fabric. The comments in that post are worth reading as well as the ones in this post.

—Julie Cefalu
The Crafty Quilter

Advantages of Scrap Quilts

You never run out of fabric.

You won't get bored making the same block out of the same fabrics.

You don't have to worry about finding perfectly matching fabrics; if you have nine reds (or any other color), the tenth will blend with the others.

If you decide to make a larger quilt, you just need to acquire more scraps and make additional blocks.

If you're tired of making blocks, you can stop and make a smaller quilt.

Scrap quilts can be made from your stash. Everyone knows that stash quilts are free.

You can buy any fabric you want and know that it can go into a scrap quilt.

Area Textile Events

Rocky Mountain Quilt Museum

200 Violet St., Golden, Mon–Sat 10–4; Sunday 11–4. \$12 adults; \$10 seniors; members free.

Till July 20, *Evolutions and Thorns & Spikes | The 4 Common Corners Exhibit* including *Wisteria in Giverny* by Stephanie Hobson

July 14, **Sunday at the Museum**, 2 p.m. RMQM's Antique Quilt Road Show. Get input on your antique quilt; sign up for appraisals.

July 22–Oct 19, *Photos, Pixels & Pizazz* by Caryl Bryer Fallert-Gentry and *Applique Is My Super Power* by Joan Duncan (Columbine Guild member)

Aug 11, **Sunday at the Museum**, 2 p.m., Joan Duncan on applique

More info at www.rmqm.org

Colorado Quilting Council (CQC)

Meetings are held via Zoom and in person at Waterstone Community Church, 5890 S. Alkire St., Littleton 80127. In-person guest fee \$10. Workshops for members only.

July 27, **Meeting**, 9:30 a.m. *CQC Birthday Celebration* with Kathie Beltz. Tools and techniques from Deb Tucker's design company; July 28

Workshop

Aug 24, **Meeting**, 9:30 a.m. *It's a Polygon Affair—Step Outside the Square* with Gyleen X. Fitzgerald; Aug 25 **Workshop**

For more info, visit www.coloradoquiltingcouncil.com. Or contact Pam Ballard CQC.VP.Programs@gmail.com. She can give you Zoom info.

Quaking Aspen Quilt Guild

Third Thursday, noon. Boulder Valley Christian Church, 7100 S. Boulder Road, Boulder, or Zoom.

July 18, **Meeting**, *Put 'n on the Ritz*, special event

Aug 18, **Meeting**, *My Quilting Journey*, Diana S. Fox; Aug 16, **Workshop**, Tree Rings

Contact vp-programs@quakingaspenquiltguild.org or visit the website at www.quakingaspenquiltguild.org

Denver Metro Contemporary Quilters

Second Wednesday often at Aurora Fire Station 3, 3172 Peoria St., Aurora—check website for loca-

tion. 7 p.m. In-person and Zoom. First meeting free; then \$5 fee. To attend as a guest, email president@denvermetromqg.org

July 11, **Meeting** at Fire Station #2, 12600 Hoffman Blvd., Aurora CO

Aug 14, **Meeting**

For more information, visit www.denvermetroquiltguild.org

Columbine Quilt Guild

Second Monday at Denver Church of Christ, 6925 Carr St., Arvada, at 6:30 p.m. In-person and Zoom. Guest fee \$5.

July 8, **Meeting**, *The Magic of Disappearing Blocks* with Brita Nelson

Aug 12, **Meeting**, *Members 5x5*

For more information columbineeqg@gmail.com or www.columbinequiltguild.org

Arapahoe County Quilters

Second Thursday at Our Father Lutheran Church, 6335 S Holly St, Centennial 80121. 6:30 pm. In-person and Zoom. Guest fee \$8.

July 11, **Meeting**, *Celebrating 37 Years of ACQ* (exploring events, topics coming up in 2024)

Aug 8, **Meeting**, *Navigating Creative Wonderland* with Katie Fowler

Register at acqcolorado.org. For information www.acqcolorado.org

FACE of Fiber in the Rockies 2024

Till July 13, 11 a.m.–5 p.m. Free admission, 517 Big Thompson Ave., Unit 201, Estes Park, CO

The Estelle Center in La Veta CO

<https://estellecreativearts.com/shop/fabric-painting-workshop-with-denise-labadie-july-2024>

July 13–14, *Denise Labadie Fabric Painting*, \$350. Learn to create Denise's "stone," landscape, and sky fabrics.

Oct 14–18, *Five-Day Art Quilt Design Intensive* with Denise Labadie, \$850

The Lincoln Center Art Gallery

417 W. Magnolia St., Fort Collins, CO; www.lctix.com/art-gallery

Till Aug 17, *40th Annual New Legacies: Contemporary Art Quilts*, 1–6 p.m., Wednesday and Friday

Rocky Mountain Wa Shonaji Quilt Guild

Wa Shonaji provides a warm, nurturing atmosphere to promote an interest in quilt making and other fiber arts primarily from an African-American perspective.

We educate ourselves and share our knowledge with others, based on the motto “Each One, Teach One.” We seek to encourage the work and accomplishments of our members and to preserve the tradition, culture, and history of quilting. Rather than judge each other’s work, we learn from it and revel in it.

All quilters, regardless of their interests or skill levels, are welcome.

MONTHLY MEETINGS

11 am, first Saturday of each month (unless it’s a holiday) at CrossPurpose, 3050 Richard Allen Court, Denver 80205

For more information, visit www.washonaji.org or email washonaji@gmail.com



Lots of activities at retreat! Like viewing an eclipse.
A down payment of \$75 is due now to reserve your space.
Consider attending for lots of learning, quilting, friendship, and laughter. See page 3 for more info.

Fabric Play at New Location

Fabric Play Quilting is scheduled to open August 1 at its new location: 16653 E. Smoky Hill Road (Smoky Hill and Buckley).

Wa Shonaji members visited Fabric Play Quilting about a year ago for a shop hop. The store offers a variety of beautiful fabrics and quilting items as well as longarm quilting services.

From now until July 11, the shop is having a “moving sale”—30 percent off all sale items. Fabric Play will be closed July 4 and July 12–15 to prepare the new shop.

Thank you to all contributors as noted plus Brenda Ames, Sandra Coleman, Linda White, Reniese Johnson, Luana Ruben, and “associate editor” Joanne Walton for their additions to this newsletter.

Editor Julie Marsh