

Rocky Mountain Wa Shonaji Quilt Guild

2025 Starts Off This Saturday, Jan 4, then Moves to Black History Month with Cassandra Sewell

Join us to kick off the new year this Saturday at our regular guild meeting at CrossPurpose, 3050 Richard Allen Court, Denver. Bring your Show 'n Share, your Block of the Month, and your completed UFO for ooohs, ahs, and applause! See pages 13 and 14 for required forms.

The Dresden Plate tote bag class, taught by DiNyce Brooks-Gough, is already full.

Looking ahead...

Feb 1—Black History Month

Cassandra Sewell will present "My Heritage, My Legacy." No member fee.

- "You must know history, or you are doomed to repeat it."
- "You gotta know where you been to know where you going."
- "Know your past to know your future."
- "What you don't know impacts what you do know."

These are all common phrases that describe the words "heritage" and "legacy."

Cassie says, "Heritage and Legacy are intertwined. Heritage is what has been given to us.

Legacy is what we have to give. One cannot exist without the other. Join me as I take you on a journey of My heritage to My legacy. My heritage is a common heritage starting from a common root. My legacy is based on how I have come to understand and know (or not know) what was given to me.

"Join me as I share 'My Heritage, My Legacy,' and we discover that we have a lot more in common than we think!"

Cassie, a professional storyteller, began sharing her stories in the early 1990s. She has spoken at numerous schools, churches, and organizations in the Denver Metro area and hosted the show "Reflections of Our Heritage" on Denver's KLDC AM radio. She currently works as an engineer and college professor and resides in Broomfield with her husband, Justin Sewell.

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Upcoming Programs

- February 1—Black History Month, "My Heritage/My Legacy," Cassandra Sewell
- March 8—Sew In for 2025 Comfort Quilts
- April 5—Censorship vs. Artistic Expression, Zoom speaker Allyson Allen



President's Message: Reflections and Future Forward

Wow! What a year! As I write this article to reflect on where we have been and where we are going, several things come to mind, including:

—The Wa Shonaji members we lost in 2024. Artie Johnson and Erna Sanderson come to mind. They contributed substantially to the history of Wa Shonaji with their quilting skills and by sharing their knowledge with other guild members.

—The good times we had sewing together and showing our collective quilting skills. Do you all remember the over-2000-piece paper-pieced quilt shown at the 2024 backyard quilt show? Thank you, Deborah Sweatt! And there were even more beautiful quilts. Then there was the quilt retreat!

—The potential travel to the International Quilt Museum in Lincoln, Nebraska. Note that I said "POTENTIAL!" I'm always amazed at the myriad ways fabric can be cut, shaped, colored, and sewn together to make incredible works of art—many of which are exhibited in Lincoln. I know several Wa Shonaji members who are excited about this so... more details to follow.

—The opportunity to get to know you all better. You might have experienced this already but... if you interact with Wa Shonaji members long enough, they can become your friends.

I likely missed many things you might have recalled from your 2024 Wa Shonaji experience. What is important now is to do everything within our control to make 2025 the best year ever for the Rocky Mountain Wa Shonaji Quilt Guild. I look forward to sharing that experience with all of you! —Joette Bailey-Keown, President

P.S. In my haste to complete my assigned tasks at the annual Christmas luncheon, I forgot to thank the Board members and committee chairpersons who worked tirelessly to support Wa Shonaji in 2024. Members of the Board include Linda White, Deborah Sweatt, Geneva Lottie, Monica Lynn, Karen von Phul, Connie Turner, Julie Marsh, Ann Worsencroft, Brenda Ames, and Joanne Walton. Our committee leaders are Nanci Vaughn, Netta Toll, and Reniese Johnson.

Geneva, Karen, Monica and Netta are leaving their positions and to them, I'd like to give special recognition. They did their jobs well. In 2025 Connie Turner will serve as treasurer, Priscilla Brown as secretary, and Kathy Byers as hospitality.

Thanks also to Karen for retreat coordination, Cassandra Sewell for teaching the Beginners Quilting Class, and Sandra Coleman for leading the Block of the Month and UFO challenges.

You/We all know the success of an organization is never about the person leading the organization. It is always about how successfully the team supports the leader. I am so very thankful to have/have had these officers and committee chairpersons on my team.

Thank you!!

Mark Your Calendar with These 2025 Program Dates

Mar 1 - Sew In to Make Comfort Quilts - no member fee

April 5 - Zoom w/ Allyson Allen - \$10 member fee

The Beginners' Quilting Class will be held in the Bonsai Room at CrossPurpose on four Saturdays in April—April 5, 12, 19, and 26. The remaining 2025 meeting dates are:

May 3	Sept 6
June 7	Oct 4
July 12	Nov 1
(2nd Saturday)	Dec 6
Aug 2	

Members Share Cheer, Artie's Fabrics at Holiday Luncheon



Connie Turner announced the raffle winners. Photo by Dr. Adrienne Bryant

Plus good food, lots of laughter, warm memories of our quilt Angels, gorgeous quilts, smiles, and hugs—all adding up to a festive 2025 Holiday Luncheon for Wa Shonaji members and guests.

The Installation of Officers for 2025 was duly handled by Nanci Vaughn, parliamentarian. New additions to the continuing roster were Connie Turner as treasurer and Priscilla Brown as secretary. Thanks to

retiring treasurer Geneva Lottie for her years of service and the duo of Karen von Phul and Monica Lynn, who jointly held the secretarial duties.

Joanne Walton, exhibits coordinator, displayed the "12 Days of Christmas" quilts from members. She spoke briefly on the history of the project and later spoke about the 30th Anniversary quilt project. The wonderful Crazy Quilt blocks were created by members, and a committed group worked diligently for many months to sew the blocks together and join the sandwich with pearls on the back. It is a treasure!

There was sadness in missing our Angels, but we kept them in mind in the flickering candles and the lovely banners made by Stephanie Hobson.

Many people won raffle prizes, which Connie Turner oversaw. Lots of fabric and sewing items

were received. Thank you, Mary Lassiter, for the beautiful teacup pin cushion I (Linda White) won.

Reniese Johnson carried on her mother Artie's tradition, in reading the Mr. and Mrs. Wright script to much giggling as people passed bags left, left, right, left, right. And the bags were a special treat.

Oh, my. Reniese generously filled the bags with fabric from Artie's stash. WOW! (continued on page 4)



Joanne Walton describes the 30th Anniversary quilt and the 12 Days of Christmas quilts. Photo by Dr. Adrienne Bryant

A meeting room at Hilton Garden Inn, Thornton, filled with celebratory Wa Shonaji quilters. Photo by Daryn Miller



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Special thanks to the Decorating Committee led by Connie Turner and ably assisted by Deb Sweatt, Carolyn Somerville, Stephanie Hobson, Reniese Johnson, and Mary Lassiter. The creativity of the different tablescapes was a special treat showing the talent of the each creator.

And thank you to Kathy Byers who filled in everywhere.

Lastly, thank you for your service to retiring hospitality chairperson, Netta Toll, for wrangling the wonderful Chantilly cakes for our dessert. She chose the kind of cake wisely. No leftovers and everyone was scraping their plate!

– Linda White



Netta Toll and Julie Marsh share a laugh in front of one of the 12 Days of Christmas quilts. Photo by Dr. Adrienne Bryant

Lynesha Laws and Sandra Coleman smile for the camera. Photo by Dr. Adrienne Bryant

Quilt Angels were honored in a display created by Stephanie Hobson. Photos by Sandra Coleman



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Gloria Montgomery and Camilla Edwards shine brightly in their red jackets. Photo by Dr. Adrienne Bryant



Dr. Adrienne Bryant and Pat Moore catch up with each other. Photo by Dr. Adrienne Bryant

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Joar Artie



The guild's 30th Anniversary Crazy Quilt is finished! Photo by Daryn Miller

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To make your own "12 Days of Christmas" quilt, the pattern is available for purchase at this URL: www.quiltingdaily.com/product/12-days-of-christmas-quilt-pattern-download/. It appears to be on sale for 7.50 right now. And there are numerous guild members who can offer advice/help if you need/want it. This wall quilt is $48'' \ge 51\frac{1}{2}''$ and inspired by the beloved holiday song all the way from a partridge in a pear tree to twelve drummers drumming.



The smiling faces of attendees at Wa Shonaji's Holiday Luncheon. Photo by Linda White



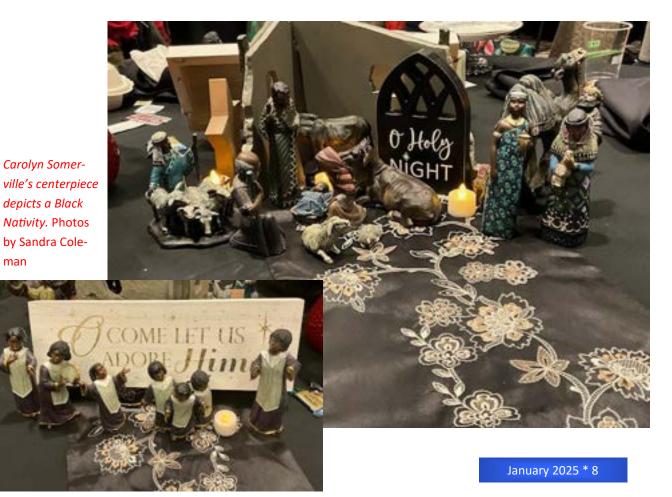
Your 2025 Wa Shonaji Board was sworn in at the Luncheon. Left to right: President Joette Bailey-Keown, Vice President of Programs Linda White, Vice President of Membership Deborah Sweatt, Secretary Priscilla Brown, Treasurer Connie Turner, Historian Brenda Ames, Newsletter Editor Julie Marsh, and Exhibits Coordinator Joanne Walton.

Shoutout to all those who wanted to sew today but had to participate in 'real life' instead.

Not all heroes wear capes.



Connie Turner's Kwanzaa centerpiece Photo by Stephanie Hobson







Above: Stephanie Hobson MADE and dressed the dolls in this centerpiece then gave each a miniature quilt to hold. Photo by Sandra Coleman

Above right: Deborah Sweatt's centerpiece illustrated the importance of the Christmas tree to her holiday traditions. Photo by Stephanie Hobson

Right: Reniece Johnson's centerpiece bubbles over with holiday color. Photo by Stephanie Hobson





Past presidents gathered at the luncheon: front left to right, Geneva Lottie, Melinda Walker, and Joanne Walton; back , Brenda Ames and Joette Bailey-Keown. Photo by Linda White



Piles of raffle prizes just waiting for names to be called. Photo by Sandra Coleman



YUM! Chantilly Cake finished off our luncheon. Photo by Stephanie Hobson

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Sewing Advice

THEN	NOW Wake up.	
Prepare yourself mentally for sewing.		
Think about what you are going to do.	Always keep a good stash of fabrics, patterns and notions ready so you can sew whatever you want, whenever the mood strikes.	
Never approach sewing with a sigh or lackadaisically.	Save that attitude for housework.	
Good results are difficult when indifference predominates.	Indifference is great when mending, repairing zippers, or shortening pants. If the results aren't good, people will stop asking.	
Never try to sew with a sink full of dirty dishes or beds unmade.	This is good advice only if you sew with your machine in the sink or on the bed.	
When there are urgent housekeeping chores, do these first so your mind is free to enjoy your sewing.	There are no urgent housekeeping chores. Just enjoy your sewing.	
When you sew, make yourself as attractive as possible.	Never buy a sewing machine with a mirror in it.	
Put on a clean dress.	You may sew in your jammies, but wear slippers. Otherwise, your feet will get dusty.	
Keep a little bag full of French chalk near your sewing machine to dust your fingers at intervals.	What?	
Have your hair in order, powder and lipstick put on.	Brush your teeth, if time permit and you remember.	
If you are constantly fearful that a visitor will drop in or your husband will come home, and you will not look neatly put together, you will not enjoy your sewing.	Lock the door and don't answer the phone. If your husband comes home, you really can't refuse to let him in, but leave a number where he can order takeout.	

Facebook

Stephanie Hobson Is "Quilting with Artie" in Spirit

I call this "Quilting with Artie" because it grew from the bag full of goodies I received at the Christmas luncheon.

Included in the bag were four paper-pieced blocks made by Artie Johnson and the foundations to lay down eight more paper-pieced blocks.

Although the squares were rearranged, the A stands for Artie's blocks and the S designates my blocks.

I'm in the process of adorning the blocks to finish. I said 'No' to paper-pieced blocks but had fun quilting with Artie. Who knew!

-Stephanie Hobson



Artie Johnson was always teaching and always smiling. She passed June 23, 2024.





Stephanie Hobson shows off the quilt she made after starting with blocks by Artie Johnson.



The back of one of Artie's blocks.

Artie's paper-pieced blocks were gifted to Stephanie.

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Brenda Ames Hits the Thimble Jackpot

Years ago Artie Johnson taught a class on hand quilting and how to use a thimble. I reported that I couldn't use a thimble or even find one to fit my finger.

Lo and behold, in the random Mr. and Mrs. Wright bag that I received at the Holiday Luncheon—after all the lefts and rights and out of all those bags—mine contained a little box that held a thimble that *fits my finger*! Who would have guessed!?! I think Artie was watching over me.

Artie was a fabulous teacher. She taught us how to choose a thimble: Put it on your finger and make sure it stays. If it falls off, it's too big. Try on several different sizes to get the right one.

Use a thimble any time you hand quilt or hand sew—even when you hand embroider.

The photo shows my collection of thimbles: ceramic, rubber, plastic, silver and other metals. I gathered these over many years but not one of them fit. The one on the bottom is the one I received from Artie at the luncheon. —Brenda Ames



Quilters don't have a mess. They have ideas lying around, everywhere.

Love USA Quilters November 2024 Facebook

SHOW AND SHARE Completed Quilt

	Please PRINT LEGIBLY—	-2 forms per quilt				
Date:	Dimensions	width X	length			
Quilt Name:		Dominant Color				
Maker Name:						
Name of Quilter (if artist did not quilt):					
Pattern Source or	Original Design? Inspiration?	No more than 3 sente	ences.			
	SHOW AND SHARE Co	ompleted Quilt				
	Please PRINT LEGIBLY—2 forms per quilt					
Date:	Dimensions	width X	length			
Quilt Name:		Dominant Color _				
Maker Name:						
Maker Name: Name of Quilter (i						
Maker Name: Name of Quilter (i	if artist did not quilt):					

UFO for SHOW AND SHARE Completed Quilt

Please PRINT LEGIBLY						
Date:	Dimensions	width X	length			
Quilt Name:		Dominant Color				
Maker Name:		Age of Quilt				
Name of Quilter (if art	ist did not quilt):					
Pattern Source or Orig sentences.	inal Design? What was th	ne inspiration? No more	e than 3			
	For SHOW AND SHAR Please PRINT LEC	E Completed Quilt				
Date:	Dimensions	width X	length			
Quilt Name:		Dominant Color				
Maker Name:		Age of Quilt				
Name of Quilter (if art	ist did not quilt):					
Pattern Source or Orig sentences.	inal Design? What was th	ne inspiration? No more	e than 3			

January Birthdays

6th – Billie Hall 8th – Keri Mills 11th – Di Nyce Brooks-Gough 24th – Carolyn Somerville



Machine pieced and quilted by Artie Johnson



Machine pieced and quilted by Artie Johnson

February Birthdays

- 3rd Erin Jones 8th – Pat Moore
- 12th Geneva Lottie

November Show 'n Share via Zoom



Linda Hernandez finished Come Fly with Me, designed by Creative Sewlutions, 55x75, as a Christmas gift for a brother.



Julie Marsh's Holiday Twister Wreath— UFO #3 all done!

Lower left: Linda White made UFO #3 "3 Stooges" for husband Al. Below: Linda's completed UFO #2.



National Call for African American Fiber Artists

Call for submissions—18th Annual African American Fiber Art Exhibition In Praise of the Ancestors April 30–June 15, 2025 North Charleston City Hall • North Charleston, SC

Submission Deadline: Monday, March 3, 2025



Now Playing by Stephanie Hobson (Aurora, CO) [NOTE: The actual notice for this Call for Submissions features this quilt by our own Stephanie Hobson! If you have any questions about this exhibit, talk with her.]

To apply, visit: https://NorthCharlestoncultu ralArtsDepartment.Slideroom.com Free application assistance available! culturalarts@northcharleston.org (843) 740-5854 NorthCharlestonArtsFest.com

African American Fiber Art Exhibition Overview

Ancestor worship is a central custom of African religion and is practiced throughout the African diaspora. In addition to their deep reverence for elders, followers of traditional African religion believe the ancestors maintain a spiritual connection to and powerful influence on their living relatives. No matter your culture or background, the act of honoring ancestors is sacred, and we can all benefit from recognizing and respecting our lineage. This year's theme aims to honor legends of the Diaspora, known and unknown, whose lives and sacrifices gave birth to our many celebrated accomplishments and have brough us to this place. Artists may choose to highlight a figure from our collective African American history, or from their own family's history. Fiber pieces in thie 18th annual exhibit will cover a vast range of topics that have great significance for the African American community.

Read the exhibition parameters carefully. Terms and regulations must be followed exactly or entries will NOT be accepted.

Organized and presented by the City of North Charleston Cultural Arts Department, this unique opportunity offers African American fiber artists a showcase to exhibit their original and innovative designs.

Following the close of the exhibition, up to 20 works will be selected to tour the state of South Carolina through the SC State Museum's 2025/2026 Traveling Exhibitions Program. Sites across South Carolina may request the exhibit to tour in their facilities, thus providing additional exposure for the selected artists.

This exhibition opportunity is open to African American artists residing in the United States, ages 18 and older, working in the medium of fiber. The \$30 entry fee allows artists to submit up to four entries. Two entries per art-

More African American Fiber Artists...

ist may be selected by the curator. Artwork DOES NOT have to be complete at time of entry. Artists may enter works in progress. How to Apply

The deadline for submission of entries is Monday, March 3, 2025. Applications are accepted and processed through SlideRoom, an online platform. If you need assistance completing your application, contact our office at 843-740-5854 or <u>cultur-</u> alarts@northcharleston.org.

The application may be accessed by clicking on the "SUBMIT NOW" button below, or by visiting the <u>Apply</u> page at <u>NorthCharlestonArtsFest.com</u>.

NOTE: Fiber pieces do not have to be complete at the time of application submission. Artists may upload progress photographs if the piece(s) are not finished by the application deadline. If accepted, fiber pieces must be completed, and delivered to the Cultural Arts office by Monday, April 7, 2025. 18th Annual African American Fiber Art Exhibition

> *In Praise of the Ancestors* April 30–June 15, 2025



Visit <u>NorthCharlestonArtsFest.com</u> to view details on other participation opportunities and updates on the 2025 festival schedule. Questions may be directed to the Cultural Arts Dept. at 843-740-5854 or <u>culturalarts</u> @northcharleston.org.

Artists in need of assistance with any part of the application process may contact the Cultural Arts Department at 843-740-5854 or <u>culturalarts@north</u> <u>charleston.org</u> to schedule a one-on-one meeting, which can be conducted over the phone, virtually, or in person.



Kathy Byers Takes Ricky Tims' Class

[Ricky Tims is a well-known musician, contemporary quiltmaker, teacher, photographer, and now a novelist! He is a designer and speaker. He cohosts "The Quilt Show" with Alex Anderson. Ricky lives in southern Colorado.

Wa Shonaji member Kathy Byers took an online class with Tims and describes it here.]

Taking Ricky Tims' online quilting class as a new quilter was an incredibly rewarding experience. His teaching style is both clear and encouraging, making complex techniques feel approachable. As a beginner, I appreciated how he broke down each step, providing helpful tips and insights that made the process less intimidating. The videos were well organized and allowed me to learn at my own pace, revisiting sections as needed. I also enjoyed the supportive online community where I could share my progress and get feedback.

Overall, the class helped me build confidence in my quilting skills while fostering a deeper appreciation for the craft.

[In answer to questions, Kathy elaborated...]

Kathy has never sewn before so everything about quilting and sewing is new to her. She is literally starting from scratch.

This Ricky Tims class was called Locomotion, in which participants were to "create an original, curve-pieced, artful wall quilt that is innovative and aesthetically pleasing featuring curves, orbs, and other nontraditional designs." The class consisted of six video sessions over four weeks plus interactive Zoom sessions for questions and individual conversations.

Kathy said she was prompted to sign up when "[Wa Shonaji member] Monica Lynn showed a quilt she made at a Tims class, and I wanted to make one too. Linda [White] also took it. "

The class started by drawing lines on paper. Tims critiqued and made suggestions. "I started with chili peppers. Ricky turned them upside down and they became leaves!"

Students transferred the design onto 30"x36" freezer paper. "We learned about registration marks—I will make them bigger next time! We ironed fabric onto the freezer paper, then staystitched the shapes and pieced them together."



"Brenda Ames suggested that I finish it with a facing instead of binding—I had no idea what that was so Brenda taught me how to apply a facing." Kathy still needs to sandwich and quilt her piece.

Kathy really liked the video format: "You get to keep the video recording so you can go back to refer to it. There are no downsides that I'm aware of. Between sessions we did lots of sewing, but I didn't feel rushed at all."

Kathy said she learned that "quilting is more than just squares and blocks and quarter inches. You can create a beautiful piece of work and you don't necessarily use straight edges and quarterinch seams. Being able to create those beautiful pieces of work like you see in the museum—now I have an idea how they're made.

"I would do another class, but right now I have to finish a memory quilt for my nephew."

Newbie Kathy is a true quilter—she already has a list of quilts to make!

Did You Know Quilting Has Positive Health Benefits?

Stress Relief and Relaxation

In a world full of constant stimuli, finding moments of peace and tranquility is essential for maintaining a healthy mind. Quilting provides a much-needed escape from the stresses of daily life. The rhythmic and repetitive nature of quilting can induce a meditative state, calming the mind and reducing anxiety. The focus required to stitch and piece together fabrics redirects attention away from negative thoughts and worries, promoting a state of mindfulness and relaxation.

Cognitive Stimulation, Memory Enhancement

Quilting is not just an artistic pursuit but also an intellectual one. Choosing fabrics, designing patterns, and solving puzzles of color and shape stimulate the brain, improving cognitive function and problem-solving skills. Additionally, quilting engages memory recall as quilters must remember specific techniques, patterns, and measurements. The mental exercise involved in quilting helps keep the mind sharp, particularly in older adults, reducing the risk of cognitive decline and conditions such as dementia.

Boosting Creativity and Self-Expression

Expressing oneself creatively is deeply fulfilling and can have a positive impact on overall well-being. Quilting allows individuals to explore their artistic side, experiment with color combinations, and develop their unique style. It encourages creative thinking and problem-solving, fostering a sense of accomplishment and self-expression. Quilters can convey emotions, stories, and personal narratives through their fabric choices and quilt designs, turning their creations into a tangible and meaningful form of self-expression.

Social Connections and Community Building

Quilting has a rich history of bringing people together. Joining quilting groups, attending classes, or participating in quilting bees not only provides opportunities to learn new skills but also fosters social connections. Quilters often share their knowledge, exchange ideas, and offer support to one another. The sense of belonging and camaraderie found within guilting communities

can combat feelings of isolation, enhance social skills, and promote mental well-being. **Fine Motor Skills and Hand-Eye Coordination**

Engaging in a craft like quilting requires precision and dexterity, thereby promoting the development and maintenance of fine motor skills. The repetitive nature of stitching, cutting fabric, and manipulating small pieces enhances hand-eye coordination, making quilting an excellent activity for individuals of all ages. These skills are particularly beneficial for older adults, as they help maintain manual dexterity and hand strength.

Sense of Achievement and Legacy

Quilting is a tangible art form that allows individuals to create lasting legacies. The completion of a quilt project brings a sense of achievement and pride, boosting self-esteem and selfconfidence. Quilts can become cherished family heirlooms, passed down through generations, symbolizing love, warmth, and the skill of the creator. The knowledge that one's work will endure beyond their lifetime can provide a profound sense of purpose and fulfillment.

A Great Reason to Quilt!

Quilting is far more than just a craft; it is a therapeutic journey that nurtures our minds and bodies. So, whether you are a seasoned quilter or a novice eager to embark on this creative adventure, pick up that needle and thread, and let the positive effects of quilting transform your lifeone stitch at a time.

-Published by permission of writer Beth Cooper July 12, 2023, online at Nancysnotion.com

Area Textile Events

Rocky Mountain Quilt Museum

200 Violet St., Golden, Mon–Sat 10–4; Sunday 11 -4. \$12 adults; \$10 seniors; members free.

Till Jan 18, **Exhibits**, "English Paper Piecing" and "WILD! SAQA Regional Exhibition"

Jan 20–Apr 19, **Exhibits**, "Stars Over the Rockies: Judy Martin Explores Star Quilts" and "19th Century Blues: It's More Than Indigo"

Sunday at the Museum, Jan 12, 2 p.m. "Reclamation Alchemy," Eliu Hernandez; Feb 9, 2 p.m., "19th Century Blues." Pre-registration required! Call the gift shop 303-277-0377 Members free, others \$15

More info at www.rmqm.org

Colorado Quilting Council (CQC)

Meetings are held via Zoom and in person at St Philip Lutheran Church, 7531 Kendall Blvd, Littleton 80128. In-person guest fee \$10. Workshops for members only.

Jan 25, **Meeting**, 10 a.m. "Color the World with Quilts" by Dana Jones

Jan 26, **Workshop**, "Peace Cranes Over Hiroshima" with Dana Jones, Lakewood

Feb 22, **Meeting**, 10 a.m. "Dallas to Dubai and Beyond" by Marci Baker

Feb 23, **Workshop**, "Hollow Cube or Waffle Honeycomb" with Marci Baker, Longmont

For more info, visit www.coloradoquilting council.com. Or contact Pam Ballard CQC.VP.Pro grams@gmail.com. She can give you Zoom info.

Quaking Aspen Quilt Guild

Third Thursday, noon. Boulder Valley Christian Church, 7100 S. Boulder Road, Boulder.

Jan 16, Meeting, "Inspired Design" with Jennifer Sampou

Feb 20, **Meeting**, "Now You See It, Now You Don't. The Magic of Disappearing Blocks" with Brita Nelson Feb 21, **Workshop**, Brita will conduct a Zoom workshop; check website for details

Contact vp-programs@quakingaspenquilt guild.org or visit the website at www.quakingas penquiltguild.org

Denver Metro Modern Quilt Guild

Second Wednesday at Table Public House, 2190 S Platte River Dr, Denver 80223. 7 p.m. In-person and Zoom. First meeting free; then \$5 fee. To attend as a guest, email president@denvermetro mqg.org

Jan 8, **Meeting**, "Setting Intentions, WIP, SEWN assignments"

Feb 12, Meeting, "Instagram How To"

For more information, visit www.denvermetro modernquiltguild.org

Columbine Quilt Guild

Second Monday at Denver Church of Christ, 6925 Carr St., Arvada, at 6:30 p.m. In-person and Zoom. Guest fee \$5.

Jan 13, **Meeting**, "Stonehenge Quilts" with Denise Labadie and 2024 Quilt challenge "It's Better with Cheddar"

Feb 10, **Meeting**, Sweetheart Sew-In via Zoom For more information columbineqg@

gmail.com or www.columbinequiltguild.org

Arapahoe County Quilters

Second Thursday at Our Father Lutheran Church, 6335 S Holly St, Centennial 80121. 6:30 pm. Inperson and Zoom. Guest fee \$8.

Jan 9, **Meeting**, "Leave Quilts, Not Fabric" with Jenny Kae Parks

Jan 11, **Workshop**, "Beautiful Bindings" with Jenny

Feb 13, **Meeting**, "Save Our Stories" with Amy Milne, Quilt Alliance

Register at acqcolorado.org. For information www.acqcolorado.org

Rocky Mountain Wa Shonaji Quilt Guild

Wa Shonaji provides a warm, nurturing atmosphere to promote an interest in quilt making and other fiber arts primarily from an African-American perspective.

We educate ourselves and share our knowledge with others, based on the motto "Each One Teach One." We seek to encourage the work and accomplishments of our members and to preserve the tradition, culture, and history of quilting. Rather than judge each other's work, we learn from it and revel in it.

All quilters, regardless of their interests or skill levels, are welcome.

MONTHLY MEETINGS

11 am, first Saturday of each month (unless it's a holiday) at CrossPurpose, 3050 Richard Allen Court, Denver 80205

For more information, visit www.washonaji.org or email washonaji@ gmail.com For stories and information about women quilt pioneers, watch "A Century of Quilts" parts 1 and 2 from PBS bvWisconsin at <u>https://youtu.be/oAuOX3x-ec8?si=D30XcIIbXt3Ps2qQ</u> And <u>https://youtu.be/9yv5L Fy6igI?</u> si=1g01eXEMPP8uqp3L.

You'll see lots more quilt-related videos there as well!



The mystery is solved! This pillowcase belongs to Susan Morrison. Hang onto this, Susan. It's a beauty!

Thank you to all contributors as noted plus Brenda Ames, Sandra Coleman, Linda White, Reniese Johnson, and "associate editor" Joanne Walton for their wonderful additions to this newsletter.

Editor Julie Marsh